### Outline

#### The Impact of Trauma on School Functioning and Classroom Instruction

How the traumatic experiences of students manifest in school settings

Academics & cognitive skills

Behavioral functioning

Social emotional functioning

Developmental differences in response to trauma Impact of trauma on the following disorders:

ADHD

**Emotional Dysregulation** 

Disruptive Behavior Disorders

Childhood trauma and a framework for intervention

Self-regulation

Competency

#### **STRATEGIES, TECHNIQUES & INTERVENTIONS** TO ADDRESS TRAUMA & OTHER BARRIERS TO **LEARNING**

#### **Interventions to Reduce Disruptive Behavior and Suspension Rates**

Turn rage and helplessness into constructive

Effectively confront loss and grief Proactively utilize mindfulness

Address anger regulation and expression Teach students how to relax, reframe and cope



#### Strategies to Increase Motivation, Engagement and Academic Success

Promote grit, tenacity and perseverance Turn moral disengagement into moral engagement Create opportunities for meaningful connection and affiliation

Establish brain-based interventions Utilize effective praise as a motivator Manage YOUR frustration Move from reactive to proactive

#### Skills and Competencies to Help the Student **Overcome Challenging Situations**

Engage thinking to mitigate emotional reactivity Increase access and use of executive functioning

Make and keep commitments

Integrate stress reduction into the daily schedule Embed executive functioning strategies into the daily routine

Expand the range of competencies

#### **Techniques to Develop Schoolwide Resilience & Create Trauma Sensitive Schools**

Flexible Framework: a systematic overview that identifies, integrates and ensures compliance Systems to create safe, supportive schools for students impacted by traumatic experiences

#### **Live Seminar Schedule**

7:30 Check-in/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (on your own)

**4:00** Program ends

For locations and maps, go to www.pesi.com, find your event, and click on the seminar title.

## Objectives

- 1. Identify behavioral episodes that challenge educators, professionals, therapists and parents.
- 2. Discuss the contribution that a trauma history makes on the following disorders: ODD, ADHD, **Emotional Dysregulation and Disruptive** Behavior Disorders.
- 3. Implement clinical ideas into educational practice to improve positive engagement and student performance.
- 4. Demonstrate how to utilize peer relationship coaching to reduce bullying and improve student acceptance and inclusion in social groups.
- 5. Outline growth strategies to build core strengths, improve grit, perseverance and determination and move beyond resilience to post traumatic growth.
- 6. Illustrate brain based strategies for emotional management, executive functioning and accelerated learning using the newest research in brain functioning.
- 7. Describe teaching techniques and methods that include new and exciting methods to challenge students to do their very best.

**Seminar on DVD or CD Package:** You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.



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# TRAUMA INFORMED **EDUCATION**

IMPROVING EDUCATIONAL AND EMOTIONAL OUTCOMES FOR YOUR MOST CHALLENGING STUDENTS

> Sterling Heights, MI Wednesday, April 19, 2017

Livonia, MI Thursday, April 20, 2017

Ann Arbor, MI Friday, April 21, 2017





IMPROVING EDUCATIONAL AND EMOTIONAL OUTCOMES FOR YOUR MOST CHALLENGING STUDENTS

- Trauma informed strategies to reduce acting out behavior in students with ODD, ADHD, Emotional Dysregulation & **Disruptive Behavior Disorder**
- Strategies to improve engagement, compliance, relationship building and stress tolerance
- Improve educational outcomes with specific trauma informed assessments & techniques
- Implement brain-based interventions

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Positive alternatives for your most challenging students

Sterling Heights, MI Wednesday, April 19, 2017

Livonia, MI Thursday, April 20, 2017

Ann Arbor, MI Friday, April 21, 2017

A Non-Profit Organization Connecting Knowledge with Need Since 1979

# **TRAUMA INFORMED EDUCATION**

As an educator, you are expected to teach and engage children—even those with the most challenging behaviors. These are the students that no matter what you try, you just can't reach them. Like the boy with disruptive behaviors that keep him sitting in the principal's office. Or the student that struggles to focus and complete assignments. What about the girl who is completely withdrawn? Is she even more challenging than the boy with the aggressive outbursts?

If your current interventions are not reducing these challenging behaviors, then you need to attend this program! Join leading education expert Robert J. Marino, M.S., NCSP, ABSNP, as he teaches you evidence-based trauma-informed education strategies that will reduce

the achievement gap, decrease referrals for highly restrictive special education programs, as well as drastically improve:

**Emotional functioning** 

**Acting out behaviors** 

**Aggressive behaviors** 

Relationships

Student engagement

Using a trauma-informed approach will create an affiliation between teacher, student and family member that leads them to all work together for success rather than constantly being in conflict.

It's a revolution in education that will help you connect with your most challenging students!

All educators work with children who have experienced trauma. However, in many cases you may not know who these students are. Regardless of the student or the root of the trauma, you will benefit from gaining a deeper understanding of how trauma affects children and what you can do drastically to improve emotional functioning, relationships, student engagement and the acting out behavior of your students.

# Speaker

Robert J. Marino, M.S., NCSP, ABSNP, is a nationally certified school psychologist with an advanced certificate in school neuropsychology. He has been working as a school Psychologist for over 30 years and has experience in the assessment and programming for children from infant through high school age. Robert specializes in cross battery assessment and the assessment of children with emotional regulation difficulties.

Robert divides his time between assessment and consultation with preschool programs and his role as school psychologist in an elementary school setting. He conducts assessments, consults with school staff and parents, and develops specialized programs for children with a broad range of identified needs. In 2002, Robert was given the "Outstanding School Psychologist" award by the Maryland School Psychologist Association, primarily for his extensive work with traumatized children in the Romanian orphanage system.

Robert developed the mentor program for new psychologists in one of the largest school districts in the nation, and has also supervised numerous interns from graduate programs throughout the country. Robert has served as an adjunct professor for the University of Missouri where he developed and instructed several units for graduate level coursework on "Learning and the Brain."

Speaker Disclosures:

Financial: Robert Marino has an employment relationship with the Prince George's County Public Schools. He receives a speaking honorarium from PESI, Inc.

Nonfinancial: Robert Marino has no relevant nonfinancial relationship to disclose.

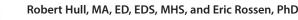
Teachers and Paraprofessionals • Principals • Assistant Principals • School Counselors • School Psychologists School Social Workers • School Administrators • Speech-Language Pathologists • Speech-Language Pathology Assistants • Occupational Therapists • Occupational Therapy Assistants • Addiction Professionals • School Nurses Other Helping Professionals that Work with Children

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#### **Supporting and Educating Traumatized Students**

A Guide for School-Based Professionals



Combining knowledge of the cognitive and behavioral effects of trauma, evidence-based interventions, educational best practices, and the experiences of veteran educators, Supporting and Educating Traumatized Students presents a new framework for assisting students with a history of trauma. The book provides practical, effective, and implementable strategies and resources for adapting and differentiating instruction, modifying the classroom and school environments, and building competency for students affected by trauma.



#### **Self-Compassion for Teens**

129 Activities & Practices to Cultivate Kindness

#### By Lee-Anne Gray, Psy.D.

Self-compassion is the key for teens to develop empathy and manage self-criticism, while increasing resilience and well-being.

The first of its kind, this book brings together 129 actionable mindfulness and compassion-building tools for teens to reduce suffering and cultivate kindness for themselves and the world around them. Perfect for clinicians, educators and parents, this resource is filled with exercises, worksheets

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Juarantee Your satisfaction is our goal and our guarantee! If you are not satisfied with this seminar, we'll make it right.

#### **Live Seminar Continuing Education Credit Information**

Credits listed below are for full attendance at the live event only. Certificates of Completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participants who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late o left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

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MICHIGAN SCHOOL PERSONNEL & EDUCATORS: An application has been submitted for State Board Continuing Education Units (SB-CEUs) for the face-to-face program only. Those seeking SB-CEUs must attend 100% of the face-to-face seminar in addition to completing an SB-CEU Participant Application Form (available at the seminar) and following sign-in/sign-out procedures as directed at the program. Additionally, participants will be required to complete the MDE evaluation in the Secure Central Registry. Specific instructions will be

NURSE/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS: This activity meets the criteria for a American Nurses Credentialing Center (ANCC) Activity PESI, Inc, is an approved provider by the American Psychological Association, which is recognized by the ANCC for behavioral health related activities. Full attendance is required; no partial credit will be awarded for partial attendance.

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QUESTIONS? Call 800-844-8260 or e-mail us at info@pesi.com.

## How to Register: TRAUMA INFORMED EDUCATION: IMPROVING EDUCATIONAL AND EMOTIONAL OUTCOMES FOR YOUR MOST CHALLENGING STUDENTS

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Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar

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