

Bridging

the Hearts & Minds of Youth

Creativity, Innovations and Challenges
in Mindfulness and Compassion

Feb. 10 - 12, 2017
Catamaran Hotel, San Diego, CA

FEATURED KEYNOTES:

Mindful Tech: How to Bring Balance to Our
Digital Lives with David Levy

Secular Mindfulness in Public Schools
with Fiona Jensen

Mindfulness and Hip Hop as Social Justice
with JG Larochette

OTHER PRESENTATIONS INCLUDE:

- State of the Art in Mindfulness Symposium
- Dealing with Resistance: Karen Bluth, Sam Himmelstein, Lorraine Hobbs, Tawanna Kane, JG Larochette, Amy Saltzman, and Dzung Vo
- Mindfulness and Yoga in the Public Sector, Susan Kaiser Greenland
- Self-Compassion for Teens, Lee-Anne Gray
- Mindfulness as an Intervention for Youth with Trauma, Sam Himmelstein
- Not Just Any Diversity Workshop, Bruce D. Gill
- ... and much more! View complete agenda at www.bridgingconference.org/agenda



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