



# NATIONAL RESILIENCE INSTITUTE

Pioneering a Human Resilience Movement

Chicago Cultural Center

November 2-3, 2016

AGENDA

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## Wednesday: November 2

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- 8:00 – 8:30 Welcome | National Resilience Institute Board & Team, Yates
- 8:30 – 8:45 **Rising Strong** | Brené Brown, PhD, author of *Daring Greatly* and *Rising Strong* via video
- 8:45 – 9:30 **Human Resilience Building**: Setting the Stage | NRI Facilitator
- 9:30 – 9:45 Break/transition to breakouts
- 9:45 – 11:00 Breakouts - Rooms 1, 2, Yates
- **Personal Resilience: Forgiveness in an Unforgiving World** |  
Megan Feldman Bettencourt, journalist & author of *Triumph of the Heart*
  - **Psychosocial Resilience: Supporting Healthy Grieving in Children and Families** |  
David Schonfeld, MD, Director of National Center for School Crisis and Bereavement,  
University of Southern California
  - **Measures & Metrics: Optimizing Human Resilience Measurement** |  
John Lyons, PhD, Senior Policy Fellow, Chapin Hall, Univ. of Chicago
- 11:00 – 11:30 **Bringing Resilience Tools Home with You** | NRI team
- 11:30 – 1:00 Lunch Keynote: **Community Preparation and Response to Terrorism** | Talia Levanon, Director, Israel Trauma Coalition
- 1:00 – 1:15 Break/transition to breakouts
- 1:15 – 2:30; Breakouts - Rooms 1, 2, Yates
- **Personal Resilience: Healthy Grieving** |  
Paula Stephens, MA, Professor of human performance & Gold Star Mom
  - **Psychosocial Resilience: Building Resilience in Urban Youth** |  
Melissa Reeves, PhD, President, National Association of  
School Psychologists
  - **Policy & Preparation: Suicide Prevention for Schools** |  
Scott Poland, PhD, Co-author of *Suicide in Schools*
- 2:30 – 3:45 **National Framework for Building Human Resilience**  
Panel with Dr. Jannah Scott & U.S. DHHS partners
- 3:45 – 4:00 Break/transition to documentary screening
- 4:00 – 6:00 **Paper Tigers** screening and refreshments | KPJR Films
- 6:00 – 8:00 **Resilience Pioneers Showcase and Reception**
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**Thursday:** November 3

7:00 – 7:45 **Grief Yoga** | Paula Stephens – Millennium Room

8:00 – 9:15 **The Art & Science of Building Resilience**

James Redford, filmmaker with exclusive screening of ***Resilience: The Biology of Stress and the Science of Hope***

9:15 – 10:30 **From Trauma to Resilience** | Panel with James Redford and Special Guests

10:30 – 10:45 Break/transition to breakouts

10:45 – 12:00 Breakouts - Rooms 1, 2, Yates

- **Personal Resilience: Resilient Mindset** | John Coyle, MBA, Olympic medalist, NBC sports analyst, and author
- **Psychosocial Resilience: Meeting the Needs of Military-Connected Families** | Eric Flake, M.D., FAAP, US Air Force, Chief of Developmental Behavioral Pediatrics Madigan Army Medical Center (with Sierra Flake, teen leadership speaker)
- **Measures & Metrics: Measuring Trauma-Informed Care** | Stacy Overstreet, PhD, Chair, Dept. of Psychology, Tulane University

12:00 – 1:30 Working Lunch: Collaborating across Silos

1:30 – 1:45 Break/transition to breakouts

1:45 – 3:00 Breakouts - Rooms 1, 2, Yates

- **Personal Resilience: An Odyssey toward Wholeness** | Roger Brooks, PhD, Erin Fletcher, PhD Combat Stress Recovery Program, Wounded Warrior Project
- **Psychosocial Resilience: Community Strategies for Growing Resilience** Leslie Mitchell Bond, MEd, Prevent Child Abuse America
- **Policy & Preparation: The Human Aspects of Climate Resilience** | Jessica Haller, MPA (with screening of *And Then the Climate Changed* documentary)

3:00 – 4:00 **Bringing it Home: Community Conversation on Integration** | Select Summit Presenters

Conference includes day pass to 5<sup>th</sup> floor rejuvenation room with beverages and healthy snacks available!

Note: Agenda for informational purposes only. Presenters, topics, and schedule subject to change. Check conference website for most recent updates.

