

What's Your ACE? ...Lower your child's



The higher your Adverse Childhood Experiences Score the greater risk for:



Learn More About ACEs:



Robbyn Peters Bennett, LPC
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Robbyn is a psychotherapist who she sees both adults and children. She also lectures nationally on the effects of early adversity and attachment. Robbyn believes children do well when they can, and that behavioral problems stem from unmet developmental needs. She helps parents understand their child's needs through a neurodevelopmental lens, which helps them build resiliency in both themselves and their child.

Amy Bryant, LPC
ParentingBeyondPunishment.com
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Amy Bryant is a psychotherapist specializing in violence and abuse prevention, conflict resolution, and positive parenting for parents and teachers. She provides local and online parenting classes, support groups and retreats for mothers, psychotherapy, classroom visitations, in-home counseling, dating and domestic violence education, professional consultations, and continuing education training for professionals.

How Resilient are You & Your Child?



Parenting for Resiliency

...A neurodevelopmentally informed approach to parenting





Resiliency is the brain's ability to respond to stress in a healthy way. It helps us manage both emotional *and* physiological arousal in ways that promote healthy relationships and a healthy body. **Resiliency protects** us from the negative outcomes associated with adverse childhood experiences (ACEs).

How Can I Learn Positive Parenting?

Watch a Free Intro Series

Parenting Educators Get Together to Discuss How They Apply the Concepts of Positive Parenting

Join co-hosts Amy Bryant and Robbyn Peters Bennett with guest educators Dr. Ross Greene, author of *The Explosive Child* as we discuss the basics of positive parenting.

<http://robbypetersbennett.org/positive-parenting-resources/>

Register for a LIVE online Parenting Class!

- No struggling to get through traffic or find a sitter!
- Sessions available for 30 days if you or your spouse misses one.

Tired of yelling, threatening, and feeling overwhelmed? Would you like to move beyond punishments, spanking, and other methods of control? We can help.

- 1 How can I build resiliency in my child?
- 2 How can understanding brain science help me deal with my child's anxiety, tantrums, disobedience, inability to get along, and tearfulness?
- 3 What tools will help my child become more cooperative and happy?

Scan or Click to Register: <http://parentingbeyondpunishment.com/p4r/>



Join an Online Positive Parenting Group

Find support in a private, safe, supportive Facebook community where you and like-minded parents can share frustrations and problem solve together.



<https://www.facebook.com/groups/ParentingBeyondPunishment/>



Lives IN THE Balance
Changing the conversation about behaviorally challenging kids
and with

<https://www.facebook.com/groups/BWellLITB/>