

—YOUNG ADULT WRITER'S PROGRAM— Expressive & Autobiographical Writing Ages 11-18



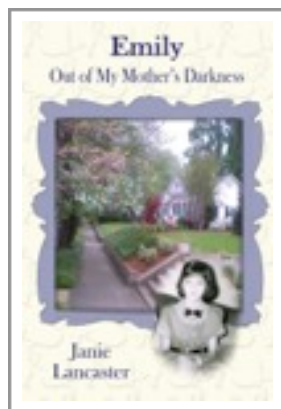
Janie Lancaster
Educator & Published Author

*A voice walks softly
across a page
spelling out sound
telling secrets
thoughtfully
quietly*



Learn how the right and left brain work together to help us express our true selves and how to use poetry, diary entries and a riveting story to bring to life believable characters.

*A Mind Once Stretched by a New Idea—
Will Never Go Back to Its Original Position*



Read about Emily, a desperate young girl who unlocks dark secrets and comes of age in the midst of physical and emotional abandonment.

(Emily is a work of autobiographical fiction)

Cost will be \$20.00 per student and includes a personalized, signed copy of Janie's book "Emily/Out of My Mother's Darkness," and handouts. (Travel & other expenses may apply.)

Read excerpts about Emily on Janie's website at:

www.janielancaster.com

Janie Lancaster (951-972-0609) (Email janielbl@gmail.com)

—YOUNG WRITER'S PROGRAM— Building Believable Characters Ages 8-11



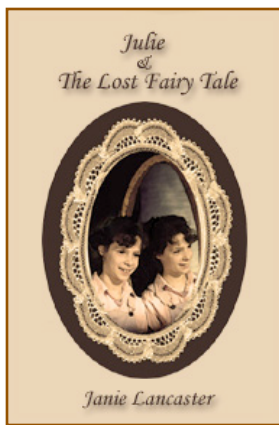
Janie Lancaster
Educator & Published Author

Join Janie and learn how to use dialogue, scenes and descriptive writing to create your own believable characters.

*A Mind Once Stretched by a New Idea—
Will Never Go Back to Its Original Position*

Cost will be \$20.00 per student and includes a personalized, signed copy of Janie's book "Julie & The Lost Fairy Tale," and a notebook. (Travel & other expenses may apply.)

(The Julie story has also been printed as a serial story in newspapers nationwide.)



In Julie's story you'll come across a mysterious travel chest, Miss Eagle Eyes, an editor with a squirrel, and kindred spirits. You'll travel back in time and meet me, Cordelia Grimm, great, great granddaughter of one of the brother's Grimm.

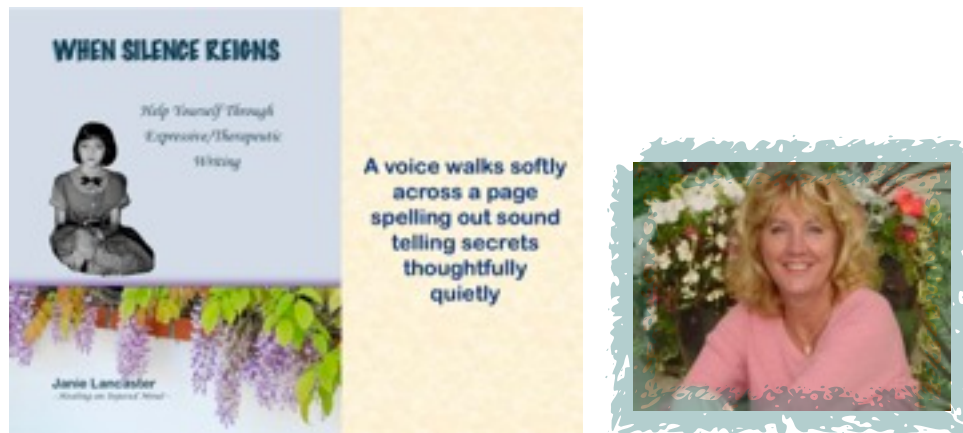
Read excerpts about Julie on Janie's website at:
www.janielancaster.com

Janie Lancaster (951-972-0609) (Email janielbl@gmail.com)

IMPROVING WOMEN'S HEALTH THROUGH Expressive Therapeutic Writing

Learn how the right and left brain work together to help us express our true selves and how writing can help you to have a more peaceful mind.

*A Mind Once Stretched by a New Idea—
Will Never Go Back to Its Original Position*



Janie Lancaster
Educator & Published Author

The author of "When Silence Reigns," reveals dark secrets and let's you into her heart and soul as she candidly shares her therapeutic writing journey. Inside her book you will find writing samples, charts as well as therapeutic poetry that can be used to stimulate expressive/therapeutic writing in yourself or in others.

Cost will be \$20.00 per student and includes a personalized, signed copy of Janie's book "When Silence Reigns: Help Yourself Through Expressive/Therapeutic Writing." (Travel & other expenses may apply.)

Visit Janie's website at:
www.janielancaster.com

Janie Lancaster (951-972-0609) (Email janielbl@gmail.com)