

Trauma-Informed Care

with Unconscious Cultural Bias Reduction Training

September 28, 2018 Full Day Training

**HOW DO WE IMPLEMENT TRAUMA-INFORMED CARE PRACTICES
INTO A PRIMARY CARE SETTING?**

HOW DO WE SCREEN UNIVERSALLY FOR TRAUMA?

WHAT ROLE DOES CULTURE HAVE IN TRAUMA-INFORMED CARE?

**WHAT IF WE STILL HAVE QUESTIONS AFTER WE START OUR
TRAUMA-INFORMED CARE PROGRAM?**

Montefiore's Trauma-Informed Care full day interactive and experiential Training Institute will answer these questions and more. After the full day training, we will provide three online psychoeducation videos.

PROGRAM STAFF

Rahil D. Briggs, PsyD, Principal Investigator
Dana E. Crawford, PhD, Program Director
Miguelina Germán, PhD, Grant Director
Kathleen Dumpert, PsyD, Content Strategist
Brittany Gurney, MA, Project Manager
Jayxa Alonzo, BS, Research Assistant
Kim Keller, MA, Research Assistant

To Register

Please email registration form to
Kim Keller at kkeller@montefiore.org
Or Call 718-484-5142

Registration Fee Includes:

- Psychoeducation on trauma-informed care, manifestations of trauma and burnout prevention
- Recommendations on how to implement universal trauma screening (e.g., ACEs)
- Considerations for implementing trauma-informed care in a culturally relevant and sensitive manner
- 3 online psychoeducation training videos

OVERVIEW OF MONTEFIORE MEDICAL GROUP'S TRAUMA-INFORMED CARE PROGRAM

Montefiore has been providing general trauma-informed services since 2010. In 2015, with the support of a grant from the Robert Wood Johnson Foundation, we designed and implemented a system-wide trauma-informed care program throughout our network of 21 primary care practices. Our Training Institute is aimed at:

- 1) training primary care clinic employees (e.g., primary care providers, nurses, front desk staff) through online learning modules and in-person trainings led by behavioral health specialists;
- 2) teaching a systematic way to identify and reduce your cultural biases as they relate to trauma
- 3) implementing universal screening of adverse childhood experiences (ACEs) for patients utilizing a multidisciplinary primary care clinic team; and
- 4) developing clinic-wide practices to promote staff wellness and prevent burnout.

What is Trauma-Informed Care?

Trauma-informed care approaches in healthcare settings means recognizing that patients often have many different types of trauma in their lives, understanding how this trauma history may manifest behaviorally in patients, and imparting a philosophy, culture, and understanding about trauma at an organizational and service level. A trauma-informed approach in healthcare aims to shift the question from, "What is wrong with you?" to "What happened to you?", which can be particularly salient during challenging patient interactions. Trauma-informed care approaches also recognize the experiences of the workforce and focuses on ways to provide patient services while keeping the workforce healthy.

What is Unconscious Cultural Bias Reduction Training?

How we see others is often based on our experiences, especially traumatic experiences. Even for the most seasoned, well-intentioned practitioner, cultural factors (e.g., socioeconomic status, race, religion, sexual orientation, gender identity, nationality) are likely to elicit reactivity. Furthermore, the frequently changing cultural climate requires vigilance if prejudice, bias, and racism are to be mitigated. This training will introduce a systematic approach for providers to identify their biases, how they behave when triggered by patients' culture, and techniques to manage these reactions.

What is Trauma-Informed Care with Cultural Bias Reduction?

Recognizing our patients have trauma in their lives, which are often related to their cultural identities (e.g., ethnicity, socioeconomic status, nationality) enhances our ability to provide trauma-informed care services. Additionally, it recognizes that how we perceive our patients and how our patients perceive us, all plays a role in primary care settings. This training offers a systematic approach to decreasing culture-based reactions to clients and colleagues in a fast-paced medical setting. In short, Montefiore's Trauma-Informed Care Training Institute will help participants implement trauma-informed care in culturally relevant ways.

While the full day training will provide you with the psychoeducation and the methods you need to implement a trauma-informed care approach in primary care, you may need additional support during the implementation process. Therefore, in addition to the full day training, participants will also have access to three supplemental online trainings. This resource is a part of the full day registration fee.

Quotes from previous participants:

"Every speaker here was phenomenal. They were all engaging speakers, very knowledgeable! Truly, the best conference I've ever attended...and I've attended a few!"

"Delivery of information on TIC was great! Did an amazing job of engaging and grasping the attention of the audience."

"Very clear direction. The entire day flowed beautifully. I was inspired. Clearly much thought and preparation went into this day. Thank you."

"Clear and concise; well prepared with relevant material"

"The whole day was an outstanding learning experience. Thank you!"

"Use of humor very helpful balanced with serious information that was very relevant."

"Pace was perfect and your passion and compassion shines through."

"The quotes and personal experience tied in well with the presentation to give a personal touch."

"Great presenter and very captivating."

Trauma Informed Care with Unconscious Cultural Bias Reduction Training Registration

Friday, September 28th 2018

Name _____
First M.I. Last

Degree Affiliation _____

Mailing Address _____
City/State Zip

Daytime Telephone _____ Fax _____

Email _____

Special Dietary Needs: ☐ Kosher ☐ Vegetarian ☐ Gluten Free ☐ Other

REGISTRATION FEE: \$495 for full day

For registration please contact Kim Keller

Email: kkeller@montefiore.org **Phone:** 718-484-5142

PAYMENT METHOD: Full payment must accompany registration form

Checks should be made payable to **Montefiore Medical Center** and sent to:

ATTN: Daniel Lombardo

200 Corporate Blvd South, Suite 175

Yonkers, NY 10701

On your check memo line, please write "Pediatric BHIP MMG"

Or charge my ☐ Visa ☐ MasterCard ☐ American Express

Card No. _____ Exp. Date _____

Signature _____

Name of Card Holder _____

Cancellation Policy

\$100 Cancellation Fee. Request for refund MUST be received in writing by August 24, 2018. NO REFUND AFTER THIS DATE