

# The link between substance abuse and post-traumatic stress

---

 [abc.net.au/radionational/programs/lifematters/ndarc-abuse/4136722](http://abc.net.au/radionational/programs/lifematters/ndarc-abuse/4136722)

A recent study published in the *Drug & Alcohol Review* journal has found that 80 per cent of people who were drug and alcohol dependent have experienced a significant trauma that has gone untreated - trauma that may, in fact, be a primary cause of the drug dependence.

So what should we learn from this? Should treatment programs for substance use disorders integrate the treatment of trauma?



## Guests

Dr Katherine Mills

Senior Lecturer, National Drug and Alcohol Research Centre, UNSW

Sarah

Sought integrated treatment for her substance abuse and post-traumatic stress disorder

## Credits

Producer

Gina McKeon