Elizabeth Power, M.Ed. – Elizabeth Power, M. Ed., CEO of EPower & Associates, Inc. epowerandassociates.com, is a sought-after speaker, facilitator, teacher, and consultant. Her firm’s specialty is helping organizations manage and make change through learning and doing. Her mastery of diverse interests and innovation has been recognized worldwide through awards and publications across a wide spectrum of disciplines. She is part of an NIMH research project assessing the effectiveness of the use of the core principles of Risking Connection by Primary Care Providers in their clinical settings. Her firm is the provider of Risking Connection training and Trauma-Informed Care consulting to King County, WA’s SAMHSA Transformation to Trauma-Informed Care, and the creator of TReSIA, the Trauma-Responsive Systems Implementation Advisor—see www.traumanformedcare.com.

Patricia D. Wilcox, LCSW, Vice President of Strategic Development, Klingberg Family Centers, New Britain, Connecticut specializes in treatment of traumatized children and their families and created the Restorative Approach™, a trauma- and relationship-based method. She is a Faculty Trainer for Risking Connection® and an Adjunct Faculty at the University of CT School of Social Work. She has presented at many national conferences including NASW; the American Association of Children’s Residential Centers; the Alliance for Children and Families; CWLA; the Black Administrators of Child Welfare, and ATTACh. She is the author of Trauma Informed Care: The Restorative Approach published by NEARI Press.

Joelle Blair, MSW - Joelle Blair received a Master in Social Work degree from the University of Washington, with a concentration in Children, Youth and Families. Ms Blair is currently the Division Director of Adult, Children and Family Services at Community Psychiatric Clinic in Seattle, Washington. In addition to administrative and clinical oversight of adult, children and family outpatient mental health programs, she oversees a transitional housing recovery program for high-risk dually-diagnosed women with children, an evidence-based family treatment program for dually-diagnosed juvenile offenders transitioning home from incarceration, and a high-fidelity wraparound program for multiple-systems involved youth at risk of incarceration, long term hospitalization, or loss of placement. Additionally, Ms Blair has been highly involved in King County’s SAMSHA grant to introduce and implement trauma-informed care within the agency.

Lisa Cook, ACSW, LSW, CSAPA – Lisa has been in the field of mental health and substance abuse for 37 years including 2 years specifically in child welfare. The last 25 years has been as the Executive Director of Ku Aloha Ola Mau. Twenty-six years ago, the agency was struggling and looking at closure. Today they have three sites and an average daily census of over 300 participants and many of their families. They provide medication assisted treatment, mental health psychotherapy, substance abuse treatment, cultural healing practices and limited medical services. There are three sites, Honolulu on the island of Oahu, Hilo and Puna on Hawaii’s island. They were the first substance abuse treatment agency to implement assets planning and capacity building approach, working with the community to create a “healing center” in the most drug-devastated area of Hawaii’s Island. This program has been very successful meeting and/or exceeding State averages for outcomes on a consistent basis. Lisa has served as a practicum instructor for Chaminade University and the School of Social Work for the past 25 years. Her goal is to foster an increased focus on brain-based intervention and in spiritual growth for staff and participants.

Sarah Kekaulika Carter - 15 years as Program Manager of Hui Ho`ola; born and raised on Hawaii Island in traditional Native Hawaiian cultural ways, fluent in Hawaiian language, “Kelau” works extremely well with Asian Pacific Islanders and Native Hawaiian populations. She previously served as a member of the SAMHSA national spiritual committee, “Grand Council of the Four Winds” and integrated changes in the project at the management level to improve upon outcomes and processes.

Beth Hammonds, MS, LMHC, co-owner of Winding Roads Training and Consultation, and Director of Adult Services for Valley Cities Consultation, has worked in the community mental health system in Washington state for more than 25 years and is a regional leader in the development of peer-driven projects, peer support programs and wellness-focused mental health services. She facilitates several peer/person in recovery groups, such as Developing WRAP (Wellness and Recovery Action Plan), an evidence-based practice for developing self-management skills. In addition to promoting a recovery and wellness philosophy of care, she engages in continuing efforts to enhance cultural competency and develop flexible models of service delivery that can be easily adapted to meet the emerging and evolving needs of diverse populations that represent the communities served.

RELATIONAL HEALING:
A PATHWAY TO TRAUMA RECOVERY

Keynote Speaker:
ELIZABETH POWER, M. ED.—
NATIONAL SPEAKER AND TRAINER
RISKING CONNECTION®

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Montgomery County
DEPT. OF BEHAVIORAL HEALTH/
DEVELOPMENTAL DISABILITIES

Temple University
Ambler Campus
Learning Center
580 Meetinghouse Road
Ambler, PA 19002

November 15, 2013
9:00 A.M. TO 4:30 P.M.
AGENDA

9:00–9:15 Welcome

9:15–10:00 Keynote
Overview of Relational Healing
Elizabeth Power

10:00–10:45 Discussion - Risking Connection
Elizabeth Power and Pat Wilcox
Facilitator: Mary Gregorio

10:45–11:00 Break

11:00–12:00 Panel - The Environment/The Lived Experience
– Lisa Cook, Kelau Carter, Berta Britz, Mae Harden
Facilitator: Elizabeth Power

12:00–1:00 Lunch – provided

1:00–2:15 Panel - Process of adoption, successes, challenges
Joelle Blair, Beth Hammonds, Pat Wilcox, Lisa Cook, Kelau Carter, Elizabeth Power
Facilitator: Mary Gregorio

2:15–2:30 Break

2:30–3:50 AFTERNOON WORKSHOPS

WORKSHOP 1—Organizational Leadership and Culture
WORKSHOP 2—Creating A Culturally Relevant Trauma-Informed System

WORKSHOP 3 —Employee Skills (ADULT SERVICES):
(Examples in this workshop will be specific to adults.)

WORKSHOP 4 —Employee Skills (CHILDREN SERVICES):
(Examples in this workshop will be specific to children.)

WORKSHOP 5 —Policies, Processes, Tools & Resources

4:00–4:30 Discussion/Closing Remarks

WORKSHOP DESCRIPTIONS

WORKSHOP 1—Organizational Leadership and Culture
CLASSROOM # 202
The presenter will use the story of her agency change to discuss leadership responsibilities in building community life that includes staff and participants and promotes respect and healing for all. Learn how, what, and most importantly, why, the presenter has used her position of influence to help create a more responsive environment.
Presenter:
Beth Hammonds
Director of Adult Services
Valley Cities Counseling and Consultation, Washington

WORKSHOP 2—Creating A Culturally Relevant Trauma-Informed System
CLASSROOM #203
The presenters will share their experience and philosophy about utilizing the cultures of participants to build an environment that promotes healing. They will share the barriers they have experienced and bridges they have built in creating an engaging and responsive system.
Presenters:
Lisa Cook, Executive Director
Ku Aloha Ola Mau, Honolulu, Hawaii
Kelau Carter, Program Manager
Hui Ho Óla O Nahulu, Hawaii

WORKSHOP 3 —Employee Skills (ADULT SERVICES):
(Examples in this workshop will be specific to adults.)

WORKSHOP 4 —Employee Skills (CHILDREN SERVICES):
(Examples in this workshop will be specific to children.)

WORKSHOP 5 —Policies, Processes, Tools/Resources
CLASSROOM #306
Building a trauma-informed system involves parallel process; management interactions with staff model staff interactions with service recipients. The presenter will help identify the policy and processes critical to trauma-informed system.
Presenter:
Elizabeth Power, M.Ed. – E. Power and Associates