

05/03/99 HEALTH APPRAISAL for:

Mrs. B

Female, Age 38

MRN: **NNN-NNN-632**

Address....
City, CA Zip-

HOME: **(619)000-0000 x**
WORK: **(619)000-0000 x**

DOB: **00/00/61**

PCMD: **Dr. TOMITA, MITSUO**

VITAL SIGNS

Height (inches):	67	Visual Acuity:	Uncorrected.	Retinal photo:	
Weight (lbs.):	256	Corrected With:		Reads text:	Yes.
Temperature:	97.4	Visual Acuity OD: 20 /	20	Pinhole OD: 20 /	
Pulse:	73	Visual Acuity OS: 20 /	20	Pinhole OS: 20 /	
#2 Pulse:		Visual Acuity Both: 20 /	20	Pinhole Both: 20 /	
Rhythm:	Reg.	Audiometry:	Yes	Tonometry #1 - OD:	16
#2 Rhythm:		CXR done:	No	OS:	13
BP:	149/ 95	Clock face test performed:		Tonometry #2 - OD:	
#2 BP:	132/ 80	EKG done:	No	OS:	
Tine test given:	Yes.	Hemocult given:		Tonometry #3 - OD:	
Needs PPD:		Mammogram done:		OS:	
Best Vital Capacity (cc):	2925	Fasting > 2 hrs.:	Yes.	Participant in HC study:	Yes.
Best FEV1 (cc):	2375	Health Assistant initials #2:	JW	HC study labs drawn:	Yes.
Health Assistant initials #1:	MC	Labs drawn:	Yes.		

DEMOGRAPHICS AND HEREDITY

- Ancestry: White
- Country of birth: United States
- Patient does the following type of work: Letter carrier, U.S. post office.
- Patient's hobbies, sports, or activities include: Crafts, football, fishing.
- She is currently: divorced
- Patient has been married 3 or more times
- Patient is currently: living with family
- Patient considers her main health problem to be: Weight, smoking.
- Education completed: high school diploma or GED

GENERAL HEALTH

- Her health limits activity to some degree.
- Limitations are mostly due to shortness of breath or difficulty breathing.
- Limitations are mostly due to fatigue, tiredness, or lack of energy.
- Her stress level: large
- Doctor visits during the past 12 months: 1 - 4 times
- Hospitalizations over the past 12 months: 0 times
- Patient regularly uses seat belts.
- Patient believes she is more tired and has less energy compared to other people her age.
- She often has trouble falling asleep or staying asleep.
- She often awakens tired after adequate sleep.
- She is more sensitive than other people.
- She is often worried about being ill.
- She often feels hopeless or down in the dumps.
- She has difficulty saying no, or sticking up for herself.
- She has problems controlling her anger.
- She has difficulty caring for herself.
- Patient is having serious problems with her family.
- Patient is having serious problems with her job.
- Patient is having serious problems with her finances.
- Patient has used street drugs.
- Patient would like an HIV (AIDS) test.

NEUROLOGICAL

- Patient has had or has problems with dizziness.
- Patient has had or has some numbness in her hands or feet.

EYES

- Patient has had visual spots or floaters.
- Patient has had itchy eyes.

EARS

*** Nothing Remarkable Noted ***

NOSE/SINUSES

- Patient has had or has frequent sneezing, watering, or nasal congestion.

MOUTH, THROAT, NECK

*** Nothing Remarkable Noted ***

LUNGS

- Patient has had or has shortness of breath.
- Patient has been a cigarette smoker.
- Patient currently smokes.
- The number of cigarettes smoked: 25
- The number of years she has smoked is: 25

CARDIO-VASCULAR

*** Nothing Remarkable Noted ***

SKIN

- Patient has had a mole that has changed color or size.
- She has acne.
- She has allergies to medications.

DIGESTIVE

- Patient has had a distinct weight gain during the last year.
- Patient has had indigestion or heartburn during the past year.
- Patient has had recurrent nausea or vomiting during the past year.
- She has recurrent abdominal pain.
- Patient has been diagnosed with esophagitis or esophageal reflux.
- Patient is likely to have some form of alcohol: never.

SURGERY

- Tubal ligation
- Patient has had a surgical procedure not listed.

MEDICATIONS

- Advil or Motrin.
- Antacids.
- Aspirin
- Tylenol.

WOMEN'S HEALTH

- Patient does a breast exam: at least once a month
- Patient's last mammogram was: never.
- Patient is still having menstrual periods.
- Patient currently has irregular periods.
- Patient currently has a lot of pain with her periods.
- She has not been sexually active within the past year.
- She is no longer sexually active.
- Type of birth control used: tubal ligation
- Number of pregnancies: four or more
- Number of live births: three
- Patient has been physically abused as a child.
- Patient has been verbally abused as a child.
- Patient has been sexually molested as a child or adolescent.
- Patient has been threatened or abused as an adult by a sexual partner
- Her partner has threatened, pushed, or shoved her.
- Her partner has threatened or abused her children.

MUSCULO-SKELETAL

*** Nothing Remarkable Noted ***

HOSPITALIZATIONS AND SERIOUS ILLNESS

- Medical and psychiatric hospitalizations not previously mentioned: 3 C-sections.

FAMILY HISTORY

- Alcoholism: Father, Brothers
- Street or illegal drug use: Brothers, Sisters
- Arthritis: Mother
- Serious health or emotional problem: Children
- Additional diseases: High blood pressure- Mom, sister, brother.
- Additional diseases: Thyroid, diabetes- Mom, sister.
- Additional diseases: Liver failure- Grandmother.
- Number of siblings: five
- Patient is aware of the health of her biological family.
- Patient is in contact with all her living family of origin.
- One of her children has a serious health or emotional problem.

PART 1 REVIEW

- She currently smokes cigarettes.
- Patient wants an HIV blood test.
- The purpose is for weight management.
- Patient is allergic to medications.
- Patient is allergic to the following medications: Septra.